

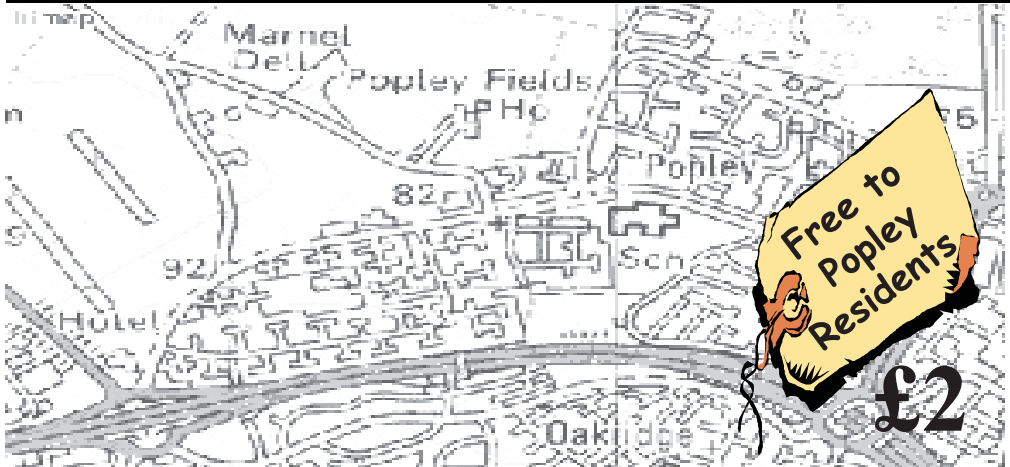
POPLEY MATTERS

PROUDLY SERVICING THE POPLEY COMMUNITY SINCE MAY 1992

January 2016

Distribution of 5,200

Issue 167



FULL OF LOCAL NEWS AND VIEWS

Contents

Message from the Editor	Inside cover	Basingstoke Air Scouts	Page 12
Funding Boost Available for Community Projects in Popley	Page 1	BVA Volunteering	Page 14
Chineham Library	Page 1	Mayor's Charity Concert	Page 15
Councillors' Page	Page 3	Turning Christmas Trees to Compost	Page 17
Are You in the Know? Postcard Survey	Page 5	Piccolo Preschool Nursery Nativity Play	Page 18
Table Top Gardening for the Over 50s	Page 5	Melrose Hall News	Page 19
Arthur Botham	Page 7	MFC Popley	Page 23
Melrose Hall and Popley Fields Community		Hampshire Fire and Rescue Road Safety	Page 24
Cycling Club	Page 8	Phillips Legal Corner	Page 26
Popley Fields Children's Cinema	Page 9	St Michael's Hospice Events 2016	Page 28
Merton Junior School Supporting High Flyers	Page 11	Samaritans	Inside Back Page

Closing date to submit articles & adverts (5pm 15-01-16) editor@popleymatters.org.uk



Editor
Jane Frankum

Message from the Editor: All the Popley Matters team wish you, our readers, a very Happy New Year.

Popley grows bigger week by week and we welcome you to the community of Popley. I can't tell you how many times I hear people say how much they love living in Popley and how special it is. I think the latest evidence of this is the ongoing appeal for library books so we can start a community library in Everest Community Academy. Thank you. I visited the school and was shown four tables and a floor full of books for all ages. They are still collecting and there are drop off places in St Gabriel's Church, Merton Junior School and Marnel Junior School. You can also call John on 337573 who can arrange to pick up books from you. During this next year we hope to have a good sized lending service, access to computers, a photocopying service and a place to sit and have a coffee.

The results of the postcard survey are on page 5. The Popley Neighbourhood Partnership will meet on 20th January so if you have ideas or comments on what you would like to see or happen in Popley, you can contact myself 819924, or the council community officer Denise Gilmore 844844, or Everest Community Academy 337573 or email editor@popleymatters.org.uk. There are already some ideas that we are looking at and hope, with a group made up of many different agencies, that we can have some positive outcomes.

If you are thinking this year of volunteering there are details for Basingstoke Voluntary Action group on page 14. I was amazed to find that they help 487 different groups, so there is certain to be an opportunity to fit in with your time and skills. Of course Popley Matters too is always glad to welcome new volunteers to deliver your community magazine to your door. We would really welcome a volunteer who could get the boxes of magazines to our fantastic volunteers. I can't thank the whole team enough for their help over the year. Contact me either by phone on 01256 819924 or email: editor@popleymatters.org.uk.



Sub Editor
Paul Frankum

The views in this publication are not necessarily the views of the editorial team, the members of the committee, or the Popley Matters magazine.

Editorial Team:- Editor Jane Frankum; Sub-Editor Paul Frankum; Chair Terry Jones; Area Distribution Manager Jeremy Jackman ; Treasurer Christopher Martin; Proof Readers Lorraine Beaney and Iris King.

Distribution Team:- Hom Bahadur Pun; Jenny Bailey; Linda Banfield; Geoff Bassett; Mollie Beeson; Amanda Bellemy; Tony Frankum; Steven Hagger; Stacy Hart; Pat Hamilton; Stuart Humphries; Jeremy Jackman; Terry Jones; Walter and Sue Kerr; Simon Leadbetter; Cathy Li; Nick Lloyd; Angela Lockwood; Ann Marke; Vera Mitchell; Janet Payne; Mick Portlock; Nawmoo Rar; Kenneth Rennie; Kath Smith; Joel; Christine Spencer; Christine Taylor; Keith Theobald; Janet Ward and Carole Wheeton

Advertising Index

Jonathan Williams Independent Funeral	JBDrive	Page 10	N&P Home Improvements	Page 20
Directors	Happy Tails Grooming	Page 10	Jars Cars	Page 20
AAA Clearance House and Garden	PKG Plumbing and Tiling	Page 10	Everest Health and Leisure Club	Page 21
NCA Services	Mitosu Crafts	Page 10	1st Response	Page 22
Ovenclean	Spencer and Peyton Ltd	Page 13	Piccolo Pre-school Nursery	Page 22
Steve Rayner Accountancy	Slimming World Popley	Page 13	Your Local Locksmith	Page 22
Stratfield Road Dental Practice	Sarah Hamlin Foot Health	Page 13	Karina's Devine Hair	Page 22
Unique Block Paving	M H Autos	Page 13	Phil Della-Savina Carpets	Page 25
Bryant & Freeman Motor Engineers	Floor Coverings Southern	Page 16	IPS Hair	Page 25
Sugar Sour Beauty	Astral TV Repair	Page 16	MMc Electrical	Page 25
IRepair Systems Ltd	Jax Eastern European Food	Page 16	Mickey's Handyman Services	Page 25
Cooper's Domestic Cleaning	Whipper Snappers Childcare	Inside 16	Netball class Popley Fields	Page 27
Neat Feet Footcare	LTB Computer Services	Page 20	Fastfare Store	Back Page
Christmas at St Gabriel's	The Blonde Barber	Page 20	Fastfare Pharmacy	Back Page

Thank you for your support



**Basingstoke
and Deane**

Funding Boost Available for Community Projects in Popley

Community groups, projects and initiatives in Popley have until Sunday 31 January 2016 to apply for a funding boost, following the release of 'Your Community, Your Choice' grants in the area.

The small scale grants of up to £1,000, provided by Basingstoke and Deane Borough Council as part of The Neighbourhood Partnership for the area, aim to assist voluntary and community organisations to deliver sustainable projects in Popley.

For projects to be eligible to apply for funding they will need to demonstrate they meet at least one of the following criteria:

- Provide a service or activity where there is a proven need
- Aim to strengthen the community by bringing people together
- Enhance the local environment
- Improve the health and wellbeing of the community

Local residents will have an opportunity to get more information on the eligible projects when they cast their votes for the projects they would like to support to get funding. This will take place between 3pm and 7pm on Monday 14 March 2016 at both Popley Fields Community Centre and Melrose Hall Community Centre.

Chineham Library

We hope that you and your families have had an enjoyable holiday, and some rest from your regular routines. The staff here have all enjoyed having a break.

Our Saturday children's craft sessions will continue on the first Saturday of each month, with the first ones being the 2nd January and 6th February, between 10am and 12pm. We are also trying a new venture for Saturdays in the New Year, with an under 5's storytime on the 2nd, 3rd, and 4th Saturdays of each month. These will commence on the 9th January, and take place from 10am – 10.30am. These will replace the existing Friday storytimes, and we will be interested to receive your feedback about this change.

Regular groups meeting this month will be the Crime Reading group on 8th January, and the CHIPPS reading group for parents and preschool children on 20th January. As always, new members are welcome to join.

Age Concern are still holding their computer session for the over 50s on Wednesdays between 10am and 12pm. These will commence again from 6th January, and you can always check availability with the local office on 01256 423874. The card making group will meet on 14th and 28th January, and new members are always welcome.

If you have not already done so, please can I remind you to complete a questionnaire for the Library Service Transformation exercise. Copies can be obtained from any library, and online at www.hants.gov.uk/library. The deadline for this is 16th January, and a good response will help to support the Library Service.

The team at Chineham Library wish you all a Happy New Year, and hope to see you in the Library soon. *Cathy Foster*

JONATHAN WILLIAMS

Independent Funeral Directors

- Family run Funeral Directors with traditional high standards
- Providing a caring dedicated and professional service 24 hours a day, 365 days year
- Private and peaceful Chapel of Rest
- Our Family caring for your family



35-41 Essex Road

Basingstoke RG21 7TB

01256 817603

(24hrs)



AAA CLEARANCE HOUSE AND GARDEN CLEARANCE IN BASINGSTOKE.

- YOUR UNWANTED ITEMS REMOVED AND RECYCLED FOR A SMALL CHARGE
- GARDEN RUBBISH CLEARED
- FURNITURE MOVED
- MAN WITH BIG VAN SERVICE
- FULLY INSURED
- WASTE CARRIERS LICENCE
- SCRAP METAL COLLECTORS LICENCE
- UP TO 100% OF WASTE RECYCLED
- PRINCES TRUST SUPPORTED BUSINESS
- SCRAP METAL COLLECTED

PLEASE GIVE US A CALL

07783488412

OR EMAIL

aaaclearance@outlook.com

NCA SERVICES

For All Your Property Needs!



01256 533140

07826375515



ncahandyman@gmail.com

Free No Obligation Quotes & Advice

No job too small!

All General Household Repairs Undertaken

Intergas TM Approved Installer

(5 yrs Warranty on all Intergas Boilers Installed)

Boiler and Central Heating Installations and Servicing

Electrical Installations, Inspections and Fault Finding

Property Maintenance & DIY Rescue

Plumbing and Home improvement

30 Years Experience

Fully Insured and

Registered



DOMESTIC OVEN

CLEANING

By the UK's largest oven cleaning company



Non-caustic

Ovens, hobs, extractors and microwaves cleaned

Fresh solutions every time

Don't forget we clean BBQs too!

01276 473118

07882 886736

www.ovenclean.com

Councillors' Page: I hope you all have a very happy and prosperous new year, During this year there will be talks and a decision on new boundary districts for the next County Council election in 2017. Basingstoke North has too many voters in the area as there is a required amount; it will mean changes in our division, mostly I expect in the Norden area. Also the borough wards will be looked at for the elections after 2018. There will be the opportunity to give your comments to the Boundary Commission.

I have been assured that the grit bins will be filled and checked, however I have pointed out that the newly adopted areas may not have sufficient bins in key areas, and have requested extra bins.

The repair roadworks due at both ends of Popley Way will be coordinated to reduce disruption. I hope that we don't get massive delays and knock on affects like the Black Dam roundabout works that have caused disruption and massive long delays affecting all the areas around the town borough. Cllr Jane Frankum 01256 819924 email jane.frankum@hants.gov.uk

Popley West: There will be more changes in this new year with more houses completed and road works done at each end of Popley Way. The Abbey Road shop area will have the improvement plan drawn up in January with the expectation of implementing them in March/April. The funding has already been found after a lot of pressure from both of your Popley West Councillors.

We have also secured a condition that the last phases of the new homes will have fibre optic cables laid by the developers. It has been a battle royal to get the last of the cabinets connected in Popley East and West but at long last they are enabled. Thank you to Basingstoke Broadband Campaign for their invaluable help.

You will see on page 5 the results of the survey as promised. On page 2 there are details of some funding that is now available for Popley and how to apply.

We met with the planning officer on 9th December to talk about the plans for Phase 6. We have negotiated better parking facilities more green space and enhanced play/leisure facilities. We also secured that visitor parking would be clearly marked and better street lighting.

Cllr Jane Frankum 01256 819924

cllr.jane.frankum@basingstoke.gov.uk

Cllr Paul Frankum 01256 819924

cllr.paul.frankum@popleymatters.org.uk

Popley East: We have talked about the Neighbourhood Partnership for Popley previously but it is important to remind readers of how important it may be in the community development of Popley. The NPP will bring together community representatives with those who provide services so that local people can influence the quality of life for their community.

A limited number of local people have put in great effort on behalf of Popley people and continue to do so but new volunteers are always welcome to take part in the new Partnership.

The NPP will have its own budget and a management board made up primarily of lay representatives

If you feel you can make a contribution please contact us directly or alternatively get in touch with Denise Gilholme. Tel 01256 844844 – ask for community development. Email denise.gilholme@basingstoke.gov.uk

We are moving into a critical time regarding the future of the Bermuda and Marlowe Practices, Shakespeare Road.

The service is in effect out to tender and in the new year decisions will be taken to decide how, and by who, the GP services from that Practice will be organised and managed for the next 5 years or more.

We are seeking to make sure we are involved in the assessment process but the system of allocating NHS contracts is difficult to break into. We will keep you all informed in the New Year.

Cllr David Potter 07941507801

cllr.david.potter@basingstoke.gov.uk

Cllr Viv Washbourne 07900890088

cllr.vivien.washbourne@basingstoke.gov.uk

Accountancy For Small Businesses

- **Business Accounts & Tax**
- **Self Assessment Returns**
- **Bookkeeping, VAT & Payroll**
- **Fees fixed in advance**
- **Meetings at home or work**

**Call Steve Rayner on
01256 471284 or see
www.taxassist.co.uk/basingstoke**



We take great pride in the quality of our dentistry and want to make your visit a pleasant experience. We are mainly NHS however we do offer a wider range of treatment upon request. Our aim is good dental health for you and your family. We give you regular dental advice and help you to understand how to care for your teeth and reduce the need for dental treatment. See our website for further details.



Dentist

Currently taking on NHS Patients

102 Stratfield Road

Basingstoke RG21 5SA

01256 326690

Email: info@stratfielddental.co.uk

www.stratfielddental.co.uk

UNIQUE BLOCK PAVING

Derek Hooley (NVO Qualified)

- Driveways & Patios
 - Walls
 - Fencing
- Cleaning of existing drives and patios

No job too small
Daily rates for labour only or supply and fit

Fully insured, local tradesman

Free, no obligation quote.

01256 474912

Or

07973 865359

Bryant & Freeman

Motor Engineers

Est. Over 40 Years



- **Body Repairs**
- **Mechanical Repairs**
 - **MoT Testing**
 - **Free Estimates**
 - **Servicing**



**Wade Road • Basingstoke
Telephone**

464974 & 321450



**Basingstoke
and Deane**

Are You in the Know? Postcard Survey.

You may recall receiving a postcard survey in your September edition of Popley Matters? Well the results are now in. Overall 35% (147 people) on the Popley West and East wards completed the survey. This was comparable to the rest of the Borough.

Of the four questions asked the responses were as follows:

Q1. How strongly do you feel you belong to your area?

Over 70% of respondents felt fairly or very strongly that they belonged to the area.

Q2. Do you agree or disagree that you can influence decisions affecting your local area?

32% of those who responded felt they could influence decisions.

This is a key role of the newly formed Popley Neighbourhood Partnership – it is intended to provide a platform to listen to views and help local people get involved in shaping things that happen in Popley. The next meeting will be taking place on 20th January 2016. There will also be a grant funding scheme which will be open to all Popley community and voluntary groups that meet the criteria. Local people get to vote for local projects. Watch out for further details/flyers or check out www.basingstoke.gov.uk/popleynpgrant. Deadline is 31st January 2016.

Q3. Which of the following do you feel is the most effective way of raising issues that concern your area? Is it by contacting:

A resounding 56% of the overall respondents felt that their local councillors were the most effective way of raising local issues. Basingstoke and Deane Borough Council was seen as the second most effective way by 25% of respondents.

Q4. Overall, how well informed do you feel about services in your area?

Over 54% of respondents felt that they were well informed about services in their area.

If you require further details on the survey results please contact your local councillor.

Table Top Gardening for the Over 50s

Thrive uses gardening to help people regain confidence, build self esteem and motivation, feel better physically and mentally and create new social networks.

Thrive has helped people create community gardening projects in the areas where they live, which improved their mental and physical health, reduced isolation and brought people together.

Our current project Sow & Grow offers free, eight week indoor gardening sessions lasting two hours for people over the age of 50 who are keen to make new friends, improve their general health and wellbeing and learn more about gardening. All ability levels from novice to experienced gardener are welcome.

So why not join us? Meet new friends, discover more about plants and gardening and get some hands on experience!

Sow & Grow: 8 weeks of FREE indoor gardening sessions.

Come and join us to meet new people, gain new skills and have fun.

Starting Thursday 21st January 2016

Westside Community Centre Basingstoke, RG22 6QB

For more information, contact Thrive: 0118 9884844 SowAndGrow@thrive.org.uk

If you would like to information on community gardens in Basingstoke please check the Incredible Edible website <http://www.incredible-edible-north-hampshire.co.uk/>

Sugar Sour Beauty

Nail & Beauty Treatment Studio

Now Open

610 Abbey Road, Basingstoke, RG24 9ET

By Appointment Only

01256 843183 - 07450 966243

www.facebook.com/sugarsourbeauty

www.sugarsourbeauty.co.uk

We also offer Gift Certificates for that special person this Christmas.

Check Out Our 5 Reviews On Facebook and Yell.com*



iRepair Systems Ltd

Unit 10, Hassock Wood Bus. Centre
Stroudley Road

BASINGSTOKE, RG24 8UQ

Phone: 01256 468264,

enquiries@irepairsystems.com

We are authorised by Apple to repair their products, both in and out of warranty. We have online booking, monitoring and requests at www.irepairsystems.com.

We repair warranty ipods too.

"...grateful thanks for your super, speedy and efficient service..." Mrs T. from Hook



Authorised Service Provider

Cooper's Domestic Cleaning

We provide a personalised Domestic Cleaning service. We are reliable, affordable and flexible.

You can call on us for a one off job, book weekly, monthly, or when ever suits you.

We can arrange a visit and come & discuss your needs, then work out a cleaning plan to best suit you.

- All equipment and materials provided
- Home visit to discuss your requirements
- Public Liability Insurance held

Book a Home Visit Today

07780 433340



Julia Tavener MCFHP MAFHP
Foot Health Professional

Neat Feet Footcare

Health and Beauty for your feet in the comfort of your own home

Treatments include:

- Toe Nail cutting
- Finger Nail cutting
- Reduction of thickened nails
- Callus and corn removal
- Hard skin and cracked heels
- Fungal infections of the nails and skin
- Ingrowing toe nails
- Diabetic footcare
- Verrucas
- Pedicures



07875137299

julia@neatfeetfootcare.co.uk

<http://neatfeetfootcare.co.uk/>

Dear Friends

Welcome to 2016! How were your Christmas and New Year celebrations? Is it now just a bunch of memories and a figure on the bank statement perhaps? What was your favourite Christmas gift? Did you receive any books? I love to read and tend to be fairly prolific in the amount and eclectic in type and genre.

I was quite fascinated last year by how many folk were willing to queue up for hours to meet a celebrity author in Festival Place. Attenborough and DiCampo have both been there and the queues wound around the shopping mall as people waited patiently to have a book signed and a perhaps to have a quick word from the author.

Does meeting with the author change the way we read or understand their books or writings? It should, I suppose, as we catch a glimpse of the real personality behind the stories. In fact wouldn't it change our whole attitude after we had met with the author of a famous book or piece of writing? Imagine what it might be like to share an hour or two with Tom Clancy, Enid Blyton, Mary Berry, Agatha Christie or whosoever your favourite author may be! Perhaps a thing or two we would never have guessed about that person may come out in the conversation. Food for thought?

I love the Christmas period because it means I get to meet so many of you out there in our community. Through school nativities and Christingles, Christmas Fairs and Concerts or just out and about; it means also that I get to have so many and so varied conversations about the festive season. "It's for the kids. isn't it!" is quite common. "I don't believe all that stuff but I love the party atmosphere!" "I like singing the carols." "I would come to church but" These are just a few of the comments I hear in conversation.

Here's the rub! Most people I have these conversations with have either never read the book, or have read the book but never met the author. If they had it would change their whole understanding of Him and of what He is about. Sadly most folk have picked up their understanding of Christianity through dim memories of church as a child or at Sunday School and can only recall how they'd rather be somewhere else! Others only pick up what it's about through the media whether that's social media, tv, radio or otherwise; all are incomplete and only hold either a biased or uninformed opinion. And for so many others He is the 5th emergency service after the police, fire brigade, ambulance and AA – pray! I only know this because its exactly as I used to be as I grew up.

It was only after I met the author that I actually began to read the book and boy was it a revelation!!! And it has only got better and better, through the rough and the good He's been there! So what would you give to meet the author of your dreams?

May I invite you this year to come and meet the author. you won't need to queue up and you may be surprised about how He knows about you and the surprising things you'll find out about Him.

Happy New Year folks and may 2016 bring the richest of blessings for you and your family and this wonderful community of ours.

**Your friend and vicar
Rev. Arthur
01256 324734
St Gabriel's Church.**



MELROSE & POPLEY FIELDS COMMUNITY CYCLE CLUB

Congratulations

Thanks to local support, we proudly won a 'Beat the Street' prize and are now offering even more **FREE** cycling activities, for everyone in Popley!

New in 2016...

Family rides for all ages

We have purchased two child trailers and are now offering **FREE** family rides for parents and children*, from the very young through to teenagers - what fun!

Bike maintenance workshops

Between January and March, we are offering **FREE** half-day workshops for you to learn how to fix basic repairs - punctures, brakes and maybe more. Contact us for dates and to book.

Volunteer Ride Leaders

If you're passionate about cycling and would like to take people out on led bike rides, we'd love to hear from you. In return for your time, we'll provide **FREE** ride leader training from a qualified instructor.

Friday 10am Bike Ride with Vicki & Andrea

Continuing our **FREE** Friday morning led ride at 10am. We cycle for about 5 miles on local pathways, both off-road and on quiet roads, brushing-up on cycle skills along the way. Bring your own bike or borrow one of ours, open to adults and children*, all rides start from: Melrose Community Centre, Abbey Road, Basingstoke, RG24 9ES

To enquire about any of the events above, or to book a place, please contact:

Vicki Jackson or Andrea Regan: P: 01256 420 676 E: melrosehall2@gmail.com

Tracey Judge: P: 01256 414 494 E: office@popleyfields.org

 [facebook.com/melrose.hall](https://www.facebook.com/melrose.hall)

*Rides must be accompanied by an adult, aged over 18 years



Disney · PIXAR

INSIDE OUT

PopleyFields
Community Association

Childrens Cinema
Saturday 23rd January
5.30 - 8.00pm



www.popleyfields.org - 01256 414494

£1 per child
film starts at 6pm
Snacks and
refreshments
available

JBDRIVE

James Bone ADI **M: 07823884522**

Local, Patient, friendly instructor
learn at your own pace
with 1 to 1 lessons incl. Evenings & Weekends
Good Pass rates Fully insured Dual control car

Quote

'POPLEY MATTERS' & Recieve first
6 hrs for £110

&

£23 per Hour or 10 Hours for £210

Single lesson Discount for holders of
Student, NHS or Forces ID cards

Full 'L' Test training with theory tuition included

Motorway lessons Pass Plus Refresher courses



WWW.JBDRIVE.co.uk
E: JBDRIVE@Live.com



Happy Tails Grooming offer very competitive prices but maintain the level of
quality and service you would expect.

Telephone: 0751 624 5192 • happytails_grooming@hotmail.co.uk
www.happytailsgrooming.moonfruit.com



29, Oakridge Rd, Basingstoke, Hampshire RG21 5SE

PKG PLUMBING

Friendly Popley Based
Plumber & Tiler

BATHROOM INSTALLATIONS
WALL AND FLOOR TILING
DRIPPING TAPS AND OVERFLOWS
INSTALLATION OF W/MACHINES &
D/WASHERS

ALL PLUMBING AND TILING WELCOME

NO CALL OUT CHARGE
FREE ESTIMATES
RELIABLE AND COMPETITIVE

Call Paul

01256 350386 / 07776421958

p.k.g.plumbing@btinternet.com

www.plumberinbasingstoke.co.uk



Stampin' Up! Independent Demonstrators

Do you know someone who loves to craft and don't
know what to give them this Christmas?

Why not treat them to our Stampin' Up!

Personalised Gift Card with a Catalogue

They can either purchase items from our catalogue
or join our next fun crafting class at

Christ Church (Hannah Moore Room)
Reading Road, Chineham, Basingstoke,
RG24 8LT

Tuesday 26th January, 10am-12pm

All levels of crafters are welcome 18-80+
(£10 class fee)

Contact us today and give a gift that will inspire
their creativity

Barry & Jay

07746921967

mitosucrafts@yahoo.co.uk

www.mitosustampin.blogspot.co.uk

Supporting High Flyers at Merton Junior School

On Monday 2nd December, Merton Junior School invited a representative from Hampshire and Isle of Wight (HIOW) Air Ambulance Service in to deliver an assembly about the role that the service provides within our county.

It currently costs the charity £125,000 each month to keep the Air Ambulance flying and they could not do it without the constant support they receive from donations. The staff, parents and children from Merton Junior School are currently collecting money to support them too.



Jo, from the Service, provided the children with an amazing insight into this charity, which remains in the air due to public donations,



and supported the understanding of the work that they do with many photographs, diagrams and a little role play, which the children were very happy to help with.

Jo worked with the children to complete a scenario where the Air Ambulance Service could be called. They all behaved as 'superheroes' in order to re-enact what needs to happen.



At the end of the assembly Jo introduced the children to Teddy Medic, who popped along to show his support and a 'selfie' was completely necessary as you can see!

Thank you Hampshire and IOW Air Ambulance Service for visiting us.



Headquarters:

Base 2000 Carpenters Down, Popley RG24 9AE

Group Scout Leader:	Colin Karlake	01256 410559
Scout section:	Kevin Pocock	07867 946 759
Cub Scout section:	Douglas Gowan	01256 412326
Beaver Scout section:	Eve Alexander	07790 018 171

A snippet from the Troop -The Scout Troop keeps the 'OUT' in Scouting as much as possible even during the winter evenings. They made a night hike to Old Basing, built and enjoyed a campfire and then hiked back to Base 2000. It was the early hours of the morning by the time they got back and it was getting on for 9 a.m. before some started to stir for breakfast!



Beaver Scouts are aged between 6 and 8 years and meet from 5.30 p.m. to 7 p.m. in Base 2000. The Colony is led by Eve Alexander an experienced fully trained leader with 12 years service.



Cub Scouts are aged between 8 and 10½ years. The Pack is led by Douglas Gowan. Douglas has given almost 15 years service to Scouting in addition to a number of years as both a cub scout and a leader in New Zealand.



Scouts are aged between 10½ - 14 years. They are led by Kevin Pocock.. Kevin has been involved in Scouting in Basingstoke as a leader since 1999 but has only recently joined the Air Scouts.



Adventure for those aged 14-18 continues through District based Explorer Units. Contact the Group Scout Leader, Colin Karlake, for details - 01256 410559 /07796 772 500 or colin@base2000.co.uk

The Air Scout Headquarters in Carpenters Down (behind Popley Fields Community Centre) is available for hire by other community groups either on a regular basis or for 'one-off' events (such as parties for young people at very reasonable rates). Enquires as to cost and availability to Group Scout Leader Colin Karlake 01256 410559 or 07796 772 500 or e-mail colin@base2000.co.uk

Weekly sectional meetings re-start in week commencing 4th January 2016 when the Group will begin another fun-filled active programme for all age groups

Facebook news <https://www.facebook.com/BasingstokeAirScouts>

Charity number 267734

Headquarters registration number 42755

Spencer & Peyton Ltd

Established 1961

3rd Generation
family owned
and run Funeral
Directors and
Monumental
Masons

24 Hours

Our family
serving your family
for over 50 years

380 Worting Road
Basingstoke, RG22 5DZ
01256 323165

7 London Road
Hook, RG27 9DY
01256 761717

Trading Standards
approved

Pre-paid funeral plans
discussed without obligation

spencerandpeyton@btconnect.com



PROFESSIONAL FOOT CARE IN THE COMFORT OF YOUR OWN HOME



Sarah Hamlin
MCFHP MAFHP
Foot Health Practitioner



For an appointment contact Sarah Hamlin on

☎ 07751 634732

✉ sarah.hamlin@btinternet.com

- ✓ Routine toe nail cutting
- ✓ Ingrown toe nails
- ✓ Thickened toe nails
- ✓ Corn & Callus removal
- ✓ Fungal Infection
- ✓ Diabetic foot care & advice



•Fully Insured •CRB Checked •Sterile Equipment

**live
happy!**

with
**Slimming World
POPLEY**

Melrose Hall

Abbey Road

New morning time and session

9am & 11am

5.30pm & 7.30pm

Call Hazel on 07796158098
for more details

slimmingworld.co.uk

0344 897 8000



M H AUTOS SERVICE CENTRE

Unit 11 Vickers Business Centre
Priestly Road, Basingstoke
RG24 9NP

Servicing and repairs to all makes and models
cars and light commercials

Pre-MOTs/MOTs arranged by appointment
clutches, brakes, shockers
free fit exhausts, timing belts
tuning, welding, diagnostics checks

Motor vehicle specialist

Free delivery and collection service
Mobile & workshop facilities to suit you

For a friendly and personal service call Mark on
Tel: 01256 467707 Mobile: 07879 638650



Volunteering...

Helps you make new friends

Gives something to your community

Builds key skills and experience for work

Helps your CV and job applications

Is fun!



Interested in Volunteering?

Not sure how to go about it?



The Volunteer Centre is at the Discovery Centre every Tuesday (except the first Tuesday of the month)

9.45 am — 11.45 am

Offering information, advice and guidance on Volunteering



For further information on volunteering and the roles available please contact us on -

vc@bvaction.org.uk
01256 423850

**A Night of All
that Jazz and
Sensational Soul**



Mayor's Charity Concert

SATURDAY 5 MARCH 2016

The Anvil at 7.30pm

Tickets £15

Includes £1 booking fee



A special concert in aid of The Mayor's Charity Appeal, starring the fabulous Clive Fortune Big Band, and Basingstoke soul sensation Natasha Watts, who has recently supported Motown legend Gladys Knight on her British tour.

All profits will support The Mayor's Charity Appeal in aid of three good causes in Basingstoke and Deane – Inspero, Ark Cancer Centre Charity and Basingstoke Multicultural Forum.
www.basingstoke.gov.uk/mayor

Tickets can be purchased from
The Anvil Box Office
01256 844244
www.anvilarts.org.uk



**We deliver floors
direct to your door**

**CARPETS • WOOD FLOORING • LAMINATES
CERAMIC TILES • BLINDS • VINYL**

floor coverings
SOUTHERN

floors direct to your door



FREE
UPGRADE FROM STANDARD
TO SUPERIOR UNDERLAY
(VISIT OUR WEBSITE FOR YOUR VOUCHER)



Kate & Simon Jones
(01256) 842742

BASINGSTOKE'S NO 1 HOME CHOOSE FLOORING COMPANY

ESTABLISHED IN BASINGSTOKE 1996
WWW.FLOORCOVERINGSOUTHERN.CO.UK



Happy New Year from everyone at JAX Eastern European foods

2015 has been a great year for JAX and we would like to thank all of our customers for supporting us throughout the year. We are looking forward to an amazing 2016. Please carry on supporting us on Facebook as we will be advertising amazing new year deals, offers and promotions throughout January. We value your feedback and try our hardest to provide you with your everyday grocery needs. Please let us know if you require other brands or foods as we can often get them in for you.



We visit the Bakery once a week for fresh breads, doughnuts and cakes if you require any of these items please feel free to put in an order. The bakery will make seasonal cakes, and will make birthday and celebration cakes to order. These will be at an additional cost.



Visit us at: Weighmore House,
Crockford Lane, Chineham Business
Park, RG24 8NA
Contact us on: 01256 478880
Email us at: jaxeasterneuropeanfood@googlemail.com
Or find us on Facebook: [Facebook.com/jaxeuropeanfoods](https://www.facebook.com/jaxeuropeanfoods)



Astral TV Repair

*LCD/PLASMA TV Repairs
Digital aerial and satellite
Freeview/Freesat Installation
All makes of TV/audio/DVD
undertaken
Any faulty, damage, unwanted
LCD TVs*

*Picked up free of charge
Popley based engineer*

Call

**Mike 01256 363831
Mobile 077321 83035**

WHIPPER SNAPPERS CHILDCARE

OFSTED REGISTERED CHILDMINDER

We have over twenty years' experience. Your child will be in a fun, loving, and caring environment. We pick up from all Popley schools. We have a wide range of toys for all ages. We have a number of family pets, all friendly! Our children have the opportunity to take part in a variety of activities and outings, including, swimming, cooking, messy play, and many other activities to suit your child's age.

All food is fresh and cooked daily.

Bespoke hours catered for.

To arrange a visit please contact me on **07540622818**

Turning Christmas Trees to Compost

Once the festivities are over residents can leave their Christmas trees at one of the 21 allocated sites specifically set up by Basingstoke and Deane Borough Council from Monday 4 January until Sunday 31 January 2016.

Every year, around eight million real Christmas trees are thrown away in the UK, this creates about 160,000 tonnes of additional waste. If the trees are recycled instead they are then transformed into ProGrow soil conditioner and wood chippings, which the council then uses for the borough's parks.

Christmas tree drop-off points from Monday 4 January to Sunday 31 January 2015:

- Basingstoke Town Centre, War Memorial Park (Crossborough Hill car park)
- Basingstoke, B & Q, Winchester Road
- Basingstoke, Homebase, Winchester Road
- Brighton Hill, Gershwin Road, Sports Pavilion
- Burghclere, Harts Lane, Sports club car park
- Eastrop, Eastrop Park (Boat House car park)
- Hatch Warren, Community Centre, Long Cross Lane
- Headley, Darling Buds of May, Newbury Road
- Kingsclere, Fieldgate Centre
- Lasham, Avenue Nurseries Garden Centre, The Avenue
- North Waltham, Wyevale Garden Centre
- Oakley, Oakley Lane (school lay-by)
- Oakridge, Upper Sherborne Road playing fields
- Overton, Overton Hill car park
- Pamber End, Elm Park Garden Centre, Aldermaston Road
- Popley, Carpenters Down Open Space
- Silchester, The Pavilion car park
- South Ham, Russell Howard car park
- Tadley, Hangar Road (parking bays near Wigmore Road)
- Whitchurch, Winchester Road car park
- Winklebury, Winklebury Way playing field

Please note that Wyevale Garden Centre at Sherfield on Loddon is no longer a collection point.

If residents miss the collections at these locations, they can take their tree to the recycling centre on Wade Road. The opening hours at Wade Road are 8am to 4pm (closed 1 Jan 2016).

Cabinet member for Communities and the Environment, Cllr Hayley Eachus, said: "After all the festivities are over it can be a real pain to dispose of the tree but if residents take it to one of the locations across the borough it can then be turned into soil conditioner which will help our gardens to bloom."

For further information please contact Basingstoke and Deane Borough Council on 01256 844844 or visit www.basingstoke.gov.uk/recycle



**Basingstoke
and Deane**

Piccolo Pre-school Nursery Nativity Play Sherborne-St-John

8th December 2015



At Piccolo we started the Christmas celebration preparing for our Nativity Play, which has become a favourite of the children, their parents and family. It is a joy for the Piccolo Team to prepare the children for such an occasion.

We started reading the Nativity story, so the children learn of the real meaning of Christmas, the children learned some songs and then the practice started after weeks of rehearsal.

On 7th December we invited the Senior Citizens from the Grange Nursing Home, Sherborne-St-John Bowling Club and Sherborne-St-John Parish Council to our dress rehearsal; they loved watching the children perform.

All at Piccolo worked very hard to bring this play to life; all the children took very seriously their role. It was a joy for all members of staff to watch their key children performing on the day, taking into consideration that several of the children are just recently turned 2 years old.

Parents and grandparents make comments like this "*The Nativity was absolutely fab today! All the children were so well behaved and it was obvious they had practiced a lot! Well done to you and the team! Thank you all again for today, it always brings a tear to my eye seeing your little one perform!*"



Thank you to everyone who attended our Christmas Fayre and Community Christmas Dinner. Now the festive season is behind us a lot of us will be thinking of losing some of the Christmas weight. Why not join our cycling club? We offer group rides every Friday morning at 10.00am (arrive at 9.40am for registration) and 1-1 sessions for those less confident. We have bikes for you to loan if you don't have your own, and will shortly be expanding our fleet with two baby trailers. If

you are already a keen rider **WE NEED YOU!!!** We are looking to recruit more ride leaders, all training is given free. Just contact Vicki in the office for more information on our club.

WHATS ON IN JAN:

- MONDAY:** **DAYTIME AND EVENING HIRE AVAILABLE**
7.30-10.00pm Peregrinus Healing and Holistic
- TUESDAY:** 9.30am-12.00pm Popley Little People
5.15-7.30pm Suma Karate
AFTERNOON AND EVENING AVAILABLE FOR HIRE
- WEDNESDAY:** 9.00am Slimming World - **Time Change**
11.00am Slimming World - **NEW!!!**
12-2pm Oasis Lunch club
5.30 and 7.30pm Slimming World
- THURSDAY:** 9.30-11.30am Community Cafe
DAYTIME AND EVENING HIRE AVAILABLE
- FRIDAY:** **DAYTIME HIRE AVAILABLE**
9.40am Group Cycle Ride (weather permitting)
Free bike loan available
- SATURDAY:** 9.00am-4.00pm 7TH Day Adventist Church
10am Sabath School - Bible Study
11.30am Divine Worship
1pm Free Community Lunch
Contact Emanuel Ampofo on 07456068812 for further details
EVENING AVAILABLE FOR HIRE
- SUNDAY:** Melrose Christian Fellowship - Contact Pastor Phillip Keeble on 462351 for times of services.

Melrose Community Hall is available to hire for birthdays, wedding receptions, conferences and regular groups. **Please ring Vicki Jackson on 01256 420676 for more information or e-mail us at Melrosehal21@gmail.com**

Also find us on facebook: Melrose hall.

LTB COMPUTER SERVICES

- ✓ Computer repair
- ✓ Virus removal
- ✓ Data recovery
- ✓ Hardware upgrade
- ✓ Software installation
- ✓ Custom built machines
- ✓ Basic computer training
- ✓ Computer recycling

Friendly service. affordable prices

NO FIX - NO FEE!

Landline: 01256 350 661

Mobile: 078 49 42 40 50

Email: support@ltbcomputers.co.uk

Web: www.ltbccomputers.co.uk

N&P

HOME IMPROVEMENTS

All aspects of home improvement and maintenance

Specialists in complete bathroom design
Supply and installation

Tiling - walls & floors
Ceramics/porcelain/stone

Decorating - internal and external

Electrics - Carpentry - Plastering

Over 25yrs experience

 np-home-improvement.co.uk

 01256 331037

 07784 492884



THE BARBER

Tuesday 12.00 till 5.00pm
Wednesday 12.00 till 6.30pm
Thurs 12.00 till 6.30pm
Friday 12.00 till 6.30pm
Saturday 09.00am till 4.00pm

JUST WALK IN

41 Sherborne Road. RG21 5TP

Follow The Blonde Barber on Facebook.

01256 333624

Web site:- www.theblondebarber.com

Jars Cars & Minibuses



01256 819844

Airport & Dock Service



jarscarsbasingstoke@aol.co.uk
Cars & 8 Seater Minibuses available



Everest Health & Leisure Club

Everest Community Academy, Oxford Way, Basingstoke RG24 9UP

Main Reception: 01256 337573

Gym Team: 01256 337576

FIRST CLASS FITNESS FACILITIES FOR ALL COMMUNITY USERS

In 2016 Everest Health and Leisure Club is the place to be.

**Join in January 2016* and get 1 month free
Pay pro rata for January and get February FREE
Direct Debit to start in March**

Peak £30 - Off Peak £15

Minimum 3 months compulsory Direct Debit sign up!

No admin fee

Includes induction and programme if required

**Pop in today for a tour of the facilities and to see
what we can offer you!!**

"A welcoming, professional and results orientated club"



* Terms and conditions apply

1st Response

Heating & Plumbing



212273

FOR

- Heating Installations
- Boiler changes/upgrades
 - Servicing
 - Breakdowns
- Landlord Safety Checks
 - Power Flushing

24 hour – 7 Days a Week

CALL

Jamie Davenport

Tel No: 01256 398611

Mobile No: 07876 687422

Ofsted
Outstanding
Early years provider

2014|2015



PRE-SCHOOL NURSERY IN
SHERBORNE ST JOHN

We offer high quality care in a happy secure
and stimulating environment

Term time only for children 2 years to school age
Open 5 mornings and 3 afternoons and lunch clubs a week
Educational structure – experienced and qualified staff

Set in idyllic location with large outdoor area
and a playground

Ofsted report – OUTSTANDING
Nursery Grants available

**For a prospectus call in or contact us
on 075 287 26248**

Email: info@piccolopsn.com

www.piccolopreschool.co.uk

Piccolo Pre-school Nursery, The Sports Pavilion, Vyne Road,
Sherborne St John, Basingstoke RG24 9HX

YOUR LOCAL LOCKSMITH

Malcolm - 24/7 personal service

Call: **01256 464778**

Mobile: **07557343492**

**NO CALL OUT
CHARGES
FREE ESTIMATES**

Locked out – Broken Key or Lock – Lost keys
Doors, Windows, Garages etc. + Hardware &
Accessories

Member of the UK LOCKSMITHS ASSOCIATION
Fully Insured – Fully Guaranteed & CRB Checked

Email: m-wallace@outlook.com

Karina's Devine Hair

I am a qualified and professional
mobile hairdresser and barber specialising in
Afro-Caribbean weaves/cornrows/relaxing/
single plaits/dreadlocking etc.

European hair trims/cuts/shampoo/
blow dry at HUGELY competitive cost.

Brazilian Keratin blow dry starting
from £60.

Beauty treatments - I offer individual
eyelash extensions from £35.

Gelish nail polish £15 which lasts up
to two weeks and on feet 6-8 weeks.

Recommend a friend get 10% off.

Please call on
07701353340

Check out my website:
www.karinadevinehairstyles.weebly.com



MFC Popley Youth FA Charter Standard Development Club and Nike Partner Club now have a dedicated club-shop website where you can purchase kit and accessories. Please visit the MFC Popley club-shop website - www.clubwebshop.com/a-z/clubs/mfcpopley/.

As 2015 drew to a close, and we look back on an incredibly eventful year for the club. The committee would like to take this opportunity to wish all our players, parents and everyone involved in making MFC Popley Football Club so successful a wonderful Christmas and a prosperous New Year. Here's to you The Red & Black Family!

We are always looking to recruit new, enthusiastic volunteer coaches into MFC Popley Youth. Experience is not necessarily required, as full training will be arranged by the Club, but a passion for football and teaching children how to play the game at grass roots level is a must.

Please contact the Club by email at volunteer@mfcpopleyyouth.co.uk for more details.

The Club welcomes more parents getting actively involved with MFC Popley Youth, especially on match days with refereeing (in particular our under 7s), running the line (under 11s upward) and the set up of the pitches and Respect lines. If you are interested in helping out please make yourself known to the manager/coach of your particular age group.

You can get regular updates from the club by following our twitter account, [@MFC_PopleyYouth](https://twitter.com/MFC_PopleyYouth) & by using the hashtags #MFCPY #REDandBLACKARMY. Also, MFC Popley Youth has a dedicated club page on Facebook.

Contact the club -

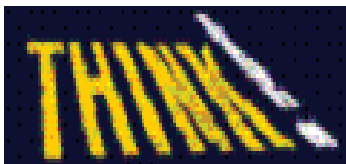
Main website: www.mfcpopleyyouth.co.uk

Club Chairman, Secretary, Treasurer & Club Welfare Officer: mfcpopleyyouth@live.co.uk

Volunteer enquiries: volunteer@mfcpopleyyouth.co.uk

All-Stars Recruitment: allstars@mfcpopleyyouth.co.uk

Club Sponsor: BGS PLUMBING & HEATING



www.thinkroadsafety.gov.uk



Road Safety.

- ⚙️ **Wet Roads and Icy Roads:** Be extra vigilant during the winter months. Beware of black ice, taking extra care in shaded areas as the sun won't have melted it.
Try to use major roads rather than smaller, quieter roads which might not have been gritted. In wet and icy conditions brake gently to avoid skidding and keep a safe distance from the vehicle in front - give yourself time to react.
Don't forget: the braking distance is twice as far on wet roads and increases 10-fold on icy roads!
- ⚙️ **Low Sun and Glare:** Now the winter is approaching, the sun is lower in the sky and wet roads will reflect glare which can temporarily blind you to potential hazards.
- ⚙️ **Dark Mornings and Evenings:** Now the clocks have gone back, evenings and mornings are drawing in. Be extra vigilant for pedestrians.
As a pedestrian always use a pedestrian crossing where possible. Help others to see you by wearing fluorescent or reflective clothing in poor light conditions.
- ⚙️ **Motorcyclists:** Look out for motorcyclists. They represent less than 1% of road traffic but account for 18% of deaths and serious injuries and are 40 times more likely to be killed than a car driver.

Top Tip:

Don't use water to defrost windows - warm water can crack the glass and cold water will just re-freeze. Ensure you leave plenty of time to fully defrost your car in the morning. A squirt of WD40 in the door locks will prevent them from freezing.

Useful contact points and further information:

Hampshire Fire & Rescue Service: www.hantsfire.gov.uk

Community Fire Safety Department: 023 8062 6809

Email: community.firesafety@hantsfire.gov.uk



PHIL DELLA-SAVINA

CARPETS & FLOORINGS

All types of carpet and flooring supplied & expertly fitted
by your local Popley based carpet fitter.

25 Years experience.

- CARPETS
- VINYL
- KARNDEN
- REAL WOODS

Free Estimates. Reliable and Competitive.

CALL PHIL ON 07712085522 / 01256462212



PHIL DELLA-SAVINA CARPETS



IPS hair

Styling for the whole family

Award winning and experienced stylist. Available to
style your hair in the comfort of your own home
or at my home-based salon.

£5 OFF

Cut & Blow Dry

~~£27.50~~

Only **£22.50** With this voucher

Phone Ian on: 0790 9577 199
01256 412598

www.ipshair.co.uk

MMC-ELECTRICAL

Reliable and friendly local electrician.

All types of electrical work undertaken.

- Additional lights/sockets
- Complete re-wires
- Fuseboard changes
- Outside lights
- Fault finding

Free estimates

20 years experience

Call Mark on 07948 527231

Qualified Plumber and Property Maintenance Services

Based in Popley

Bathroom and Kitchen refits
Plumbing and Heating
Certified Gas and Electric Works



Plastering, Painting and
Decorating
Carpentry
Fencing

**HANDYMAN SERVICES/
SMALL JOBS WELCOME**

No call out charge
Free Estimates

Call Mickey

Tel No: 07888 828 542

Email: mickeyfish@hotmail.com



How Family Law Could help You this New Year

By Hayley Eachus, Director and Family Law Specialist

My experience has taught me that Christmas can be a tough time for some relationships; excitable children and long family visits can make for testing times. So often it is the case that a relationship already tense and struggling with problems that had been kept undercover knowingly or unknowingly burst through during the hubbub of the festive season. That unfortunately makes January one of our busiest months of the year as people resolve to start the New Year with a clean slate.

Having supported Relate in North Hampshire as a Board Member I would be the first to recognise that relationships need help from time to time. For a lot of couples relationship counselling should be their first option but if you have pursued this as far as you can; then it may be time for one of our experienced family lawyers to help you. Our team has a wide range of expertise and experience to help and guide you.

Our objective is to help you as quickly and cost-effectively as possible with the best outcomes for you and your family. You will certainly have lots of questions about your rights and the process. Most people going through a divorce or separation would rather avoid having to go to court if possible. We understand that, so we offer a range of services including Mediation, Separation Agreements and Collaborative Law. One of these methods could be right for you.

Mediation is one of the most sensible and cost effective ways of resolving family problems when a relationship has broken down. There is often a lot of distress and anger between you and your partner and family mediation can allow matters to be resolved amicably because you are both equally involved in the decision making. Our trained mediators offer a calm, impartial voice and help you both to limit the conflict so that you can discuss things sensibly and make the right decisions for your family.

If we cannot find a way to resolve your concerns without the use of the courts, then we have the expertise and experience to get the right results for you in the courtroom. We endeavour to guide you through the court process in the most amicable way. All our team are members of Resolution Family Law meaning we follow a Code of Practice that promotes a non-confrontational approach to family problems and encourage

Whatever the issue that you face this New Year, we can help you and your family to find the right way forward at this difficult time. For more information contact Hayley Eachus here at Phillips by calling 01256 460830, email hayley.eachus@phillips-law.co.uk or visit www.phillips-law.co.uk





Netball class

Thursday's 7-8pm

£2 for Popley residents £3 for non

**Professional instruction provided, no experience
required. 13 and overs only.**

For more information contact: Tracey

email - office@popleyfields.org

tel - 01256 414494

ST. MICHAEL'S HOSPICE

April
17

Woofs and Wellies



May
11

5 & 10K Run



June
5

Sunflower Fete



July
24

Big Wheel



Sept
10

Moonlight Walk



Sept
23

SMH & TC Golf Day



Dec
4

Light up a Life

For further information

stmichaelshospice.org.uk/events

Call the Fundraising Hotline 01256 848848

Email: events@stmichaelshospice.org.uk

St. Michael's Hospice
(North Hampshire)



@smhbasingstoke

EVENTS 2016



ST.MICHAEL'S
HOSPICE
(NORTH HAMPSHIRE)



A SAMARITAN HELPED ME SEE PAST MY PROBLEMS

Whatever you've done.
Whatever life's done to you.
Call Samaritans.
No pressure.
No judgement.
We're here for you.
Any time.



08457 90 90 90*

www.samaritans.org

SAMARITANS

A registered charity * Please see our website for latest call charges

In partnership with 

FASTFARE

Your Local Family Convenience Store

Abbey Road (Shops) ☎(01256) 323679

Open seven days a week

Monday–Friday 8:00am–9:00pm Saturday 8:30am–9:30pm Sunday 9:00am–9:00pm

Grocery | Stationery | Off Licence | Fresh Fruit & Vegetables | Fresh Flowers

Fresh Sandwiches | Pies | Ethnic, Polish & Indian Groceries

We serve crushed Ice Drinks

• *Now Available UPS Parcel Service • Play Now Lottery + Scratch Cards*

• Faxing and photocopying available • We Accept Milk Tokens

• Paypoint pay your bills Gas, Electric, Mobile Top ups ETC.

• Western Union Money Transfer Services • International Phone Cards

LOOK OUT FOR MONTHLY PROMOTIONS

**If you don't see what you want in the store,
please ask and we will try to get it for you.**

FASTFARE PHARMACY

UNIT 3 ABBEY ROAD SHOPS ☎/📠357637

FREE PRESCRIPTION COLLECTION AND DELIVERY SERVICE

We fill your prescriptions at Fastfare Pharmacy from most surgeries.

There is also a free collect and deliver service. We also take your repeat prescription, collect and deliver FREE OF CHARGE. NHS or Private.

Among our many services we offer:- Blood pressure, Diabetic, Cholesterol check-ups and monitoring. A Private consultation area for patients. We advise on medication and treatment of minor illness by our qualified Pharmacist. Pregnancy advice and morning after pill available. We hold a comprehensive stock of Motability Equipment for hire or purchase. Just ask and help us to help you.



For further details ring ☎357637

Opening Hours

Monday-Friday 9am-7pm; Sat 9am-5pm



Printed by Personalised Print ☎352434 Email:p.print@virgin.net